

# LEWERMARK PLUS

*medical benefits plan for international students*

## *C*OVERAGE FOR INTERNATIONAL STUDENTS THAT EVERYONE CAN UNDERSTAND



### *Making a World of Difference*

Benefits for Accident and Sickness for:  
**Northern Kentucky University**

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- † Repatriation benefits
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**Insured By: Trustmark Life Insurance Company**

## ***ELIGIBILITY***

The LowerMark International Students Medical Benefits Plan is designed for international and practical training students and their dependents. The Plan is available by virtue of a master blanket insurance policy issued by the Company, Trustmark Life Insurance Company, to a university, college or other educational organization (the "Policyholder").

**Eligible Student** means any international and practical training student of the Policyholder who meets all of the following:

1. is enrolled and actively engaged full-time, as defined by the Policyholder in accordance with applicable United States law, in educational activities;
2. is temporarily outside his/her home country or country of regular domicile as a non-resident alien, or a non-domiciled United States citizen with dual citizenship, in the United States; and
3. has a current passport and applicable current student visa or other non-immigrant visa which allows the individual to enroll in a course of study (non-domiciled United States Citizen – passport only).
4. maintains non-immigrant status under the applicable visa type according to applicable United States law.

Inbound international students must meet the criteria established, published and updated from time to time by the Student and Exchange Visitor Program administered by the Department of U.S. Immigration and Customs Enforcement.

For purposes of Item 1. above, Eligible Students taking a term or semester break (herein referred to as "term break"), annually, in accordance with school policy and while keeping coverage in force are considered Eligible Students engaged in full-time educational activities.

For schools with a two-semester term system, summer break is the designated term break.

For schools with a trimester or quarter term system, any trimester or quarter can be taken as the term break, provided only one trimester or quarter is taken per academic calendar year. The following do not count toward fulfilling the full-time status Eligibility requirement:

1. home study.
2. correspondence courses.
3. internet courses.
4. television courses.

International students who have applied for permanent residency in the U.S. in accordance with federal law in effect at the time of enrollment, are not Eligible Students.

An "Eligible Dependent" means a dependent of an Eligible Student who has a current passport and visa (non-domiciled United States citizen – passport only); is temporarily outside the dependent's home country or country of regular domicile as a nonresident alien, or a non-domiciled United States citizen with dual citizenship in the United States; is the Eligible Student's lawful spouse or unmarried Child (natural Child, step-Child, adopted Child or Child Placed For Adoption under age 19 and dependent upon the Eligible Student or the student's spouse for the Child's main support and care); resides with the Eligible Student; and is enrolled for coverage under the policy at the same time the Eligible Student enrolls or within 31 days of first becoming eligible. Dependent children born in the United States and disabled, unmarried children age 19 and over (exceptions apply) are also Eligible Dependents.

## ***COVERAGE PERIOD***

Provided the correct premium is received timely and the Eligible Student and/or Eligible Dependent is properly enrolled, coverage will be effective:

1. on the first day of the school term for which coverage is applied for if the Eligible Student became an Eligible Student on the first day of the school term and applies within the first 60 days of the school term;
2. on the first day of becoming an Eligible Student if such day is after the first day of the school term, and enrollment is made within 60 days of becoming an Eligible Student;
3. for an Eligible Student who is eligible for Extended Coverage, 30 days prior to the first day of the school term if the Eligible Student applies for coverage within the first 60 days of the school term.
4. on the first day an Eligible Student suffers an involuntary loss of other coverage if such day is after the first day of the school term, and enrollment is made within 60 days of such loss;
5. on the first day of the next school term if enrollment is made more than 60 days after becoming an Eligible Student or after an Eligible Student suffers an involuntary loss of other coverage.
6. for an Eligible Dependent child, on the date of birth, adoption or Placement for Adoption, if enrollment is made within 31 days of such event.

7. for an Eligible Dependent, on the first day of the first month following the Dependent's initial eligibility date for Dependents joining an Insured Student's family through marriage or other court decree while the Insured Student is covered under the Policy.
8. for an Eligible Dependent, on the first day of the first month following the date the Dependent first meets the definition of "Eligible Dependent" if such Dependent did not qualify at the time the Insured Student was enrolled under the Policy. Enrollment must be made within 31 days of becoming eligible.

Dependent coverage cannot become effective prior to the effective date of the Eligible Student's coverage.

Coverage will automatically terminate on the earliest of:

1. The date the Policy terminates;
2. The last day of the period for which premium has been timely paid according to Policy provisions;
3. The date the Insured Individual is no longer eligible for coverage;
4. For an Insured Individual under Extended Coverage, upon the Eligible Student's graduation or completion of an educational program and in preparation for the resulting departure from the United States, coverage will terminate 30 days following graduation or completion of an educational program, provided the student and his or her covered Dependents remain in the United States during that 30-day period.
5. The date requested by the Insured Individual approved by the Policyholder in writing that is no sooner than 5 days after the date the Company or its authorized administrator receives written notice;
6. The date the Insured Individual departs the United States for the Student's home country or country of regular domicile.

**To avoid a break in coverage, (and another pre-existing condition limitation period), students should make sure coverage is in place and paid for when taking a term off from school, even if the student is leaving the country. Coverage provided by the Policy may be considered Creditable Coverage for individuals moving from this Policy to group coverage provided under another plan.**

### *MEDICAL EXPENSE BENEFITS*

Each Insured Student covered under the International Policy has a Major Medical Benefit maximum per Accident or Sickness of \$100,000. In no event will the benefit maximum for all Accidents and Sickness exceed \$100,000 in any consecutive 12-month period.

Each Eligible Dependent covered under the International Policy has a Major Medical Benefit maximum per Accident or Sickness of \$50,000. In no event will the benefit maximum for all Accidents and Sickness exceed \$50,000 in any consecutive 12-month period.

### *Copayments and Coinsurance*

A Copayment will be applied to Covered Expenses as follows:

1. For charges from a Physician, Covered Expenses will be paid at:
  - a. 90% without application of a Copayment for services provided to an Insured Student at a Student Health Center;
  - b. 90% after the Insured Individual pays a \$15 Copayment per visit for services provided by a Participating Provider;
  - c. 70% after the Insured Individual pays a \$15 Copayment per visit for services provided by a Physician who is not a Participating Provider.
2. For charges incurred at a Hospital (including inpatient and outpatient services), Covered Expenses will be paid at:
  - a. 90% after the Insured Individual pays a \$100 Copayment per admission for services provided by a Participating Provider;
  - b. 70% after the Insured Individual pays a \$100 Copayment per admission for services provided by a Hospital which is not a Participating Provider.
3. For charges incurred at a Hospital for emergency room care:
  - a. 90% after the Insured Individual pays a \$100\*\* Copayment per admission for services provided by a Participating Provider;
  - b. 70%\* after the Insured Individual pays a \$100\*\* Copayment per admission for services provided by a Hospital which is not a Participating Provider.

\* - If it was not reasonably possible to get to a Participating Provider for Emergency Care, the Participating Provider level of payment will be payable.

\*\* - This Copayment will not apply if the emergency room Physician recommends Hospital confinement and the Insured Individual is so confined in the Hospital immediately after the visit.

Benefits will be paid at the levels described above unless stated otherwise.

"Emergency Care" means covered services required to screen and stabilize an Insured Individual

within 48 hours after an accidental Injury or Emergency Medical Condition. Such condition is one that is sudden, unexpected and manifests itself by symptoms of sufficient severity (including, but not limited to, severe pain) to lead a prudent person lay person, possessing an average knowledge of medicine and health, to believe that immediate medical care is required. Such conditions may include those placing the patient's health (or with respect to a pregnant woman, the health of the unborn child) in serious jeopardy; impairment of bodily functions; dysfunction of any bodily organ or part; uncontrolled pain; or pregnancy complications.

### ***Out-of-Pocket Expense Maximum***

When \$4,000 in Out-of-Pocket Expenses has been paid by an Insured Individual during a calendar year, the level of benefit payments, if otherwise applicable, will automatically increase to 100% for additional Covered Expenses incurred by that Insured Individual during the remainder of that calendar year, and Copayment charges will no longer apply. An Out-of-Pocket Expense is the share of any otherwise Covered Expense and Copayment amounts which an Insured Individual pays.

### ***Medical Benefits***

Subject to the exclusions, limitations, and all other provisions of the Policy, benefits are payable as stated above for a Covered Expense if: (1) the Copayment requirement is met; (2) the expense is incurred due to a covered Injury or Bodily Infirmary; and (3) the Insured Individual has not exceeded the Major Medical Benefit maximum for the Accident or Sickness for which the expense is incurred, or for all Accidents or Sickness in any consecutive 12 month period. Covered Expenses under the Policy are limited to the following types of expenses prescribed by a Physician for therapeutic treatment of covered Injury or Bodily Infirmary when the fees for such are Reasonable and Customary:

1. Charges for diagnosis and treatment by a Physician or registered nurse (not a close relative of or same legal residence as the Insured Individual);
2. Charges for daily Hospital room and board not exceeding the Hospital's Average Semiprivate Charge and Intensive Care Unit charges;
3. Charges by a Hospital for medical care received on an out-patient basis and outpatient medical supplies used on the premises of a Hospital;
4. Charges for home health care performed by a licensed home health agency when prescribed by a Physician in lieu of Hospital services, provided the Hospital services would have been Covered Expenses;
5. Charges for laboratory, x-ray, and other diagnostic examinations;
6. Charges for prescription drugs required to be dispensed by a licensed pharmacist, except the Policy will pay 90% of charges for such drugs used on an inpatient basis or dispensed by a Physician at a Student Health Center and 65% of charges for such drugs not dispensed by a Physician at a Student Health Center and used for outpatient treatment;
7. Charges for emergency professional ambulance service by ground or air to a Hospital up to a maximum benefit of \$500 (see Medical Evacuation Benefit for air service to an Insured Individual's home country);
8. Charges for the following listed types of orthopedic or prosthetic devices or Hospital equipment:
  - a. man-made limbs or eyes for the replacing of natural limbs or eyes;
  - b. casts, splints or crutches;
  - c. purchase of a truss or brace;
  - d. oxygen and rental of equipment for giving oxygen;
  - e. rental of a wheelchair or hospital bed;
  - f. rental of dialysis equipment and supplies;
  - g. colostomy bags and ureterostomy bags; and
  - h. external post-operative breast prostheses.The policy will not cover rental charges for equipment in excess of the purchase price of the equipment;
9. Charges for the treatment of temporomandibular joint disorders and craniomandibular jaw disorders;
10. Administration of high-dose chemotherapy with autologous bone marrow or stem cell transplantation if performed in compliance with the applicable guidelines of the American Society of Blood and Bone Marrow Transplantation and/or International Society of Hemotherapy and Graft Engineering, whichever has the higher standard;
11. Charges for one routine baseline or screening mammogram and one routine pap smear in any consecutive 12 month period for women age 18 and over, or more frequently based on a Doctor's recommendation;

12. Charges for prescription oral contraceptives dispensed by a Student Health Center or a licensed pharmacist; the Policy will pay up to 50%.

### ***Physiotherapy Expenses***

Covered Expenses for Physiotherapy (as defined below) which are incurred while not confined in a Hospital and which are billed by a Doctor or physiotherapist shall not exceed the maximum amounts shown below. Charges in excess of these maximums shall not be included as Covered Expenses under the Policy.

“Physiotherapy” means treatment of Injury or Bodily Infirmity by the use of physical means including, but not limited to, air, heat, light, water, electricity, massage, manipulation, acupuncture or active exercise.

The maximum Physiotherapy benefit is \$500 in any consecutive 12 month period. The maximum benefit per visit after satisfaction of the Copayment is \$50 for the first visit and \$25 thereafter.

### ***Pregnancy Benefits***

Covered Expenses for pregnancy are payable the same as any other Covered Expenses for any other Bodily Infirmity with respect to an Insured Student or Covered Dependent spouse. No benefits are payable for any expense that relates to the pregnancy of a Dependent Child.

Pregnancy coverage also includes inpatient Hospital care following delivery in accordance with the guidelines recommended by the American Academy of Pediatrics and the American College of OB/GYNs.

### ***Newborn Infants***

A newborn Child of an Insured Student is eligible for coverage from the date of birth provided that (1) notice of the birth is provided to the Company or its authorized administrator within 31-days from the date of birth; and (2) premium for coverage from the date of birth is received. As an additional benefit, if (1) and (2) above are satisfied, the newborn Child will be covered for Hospital room and board (or nursery) charges, routine Physician hospital visits, and circumcision. This “well baby” coverage will terminate the earlier of the date the newborn is 7 days old or the date the Child is discharged from the Hospital. If (1) and (2) above are not satisfied, a newborn Child of an Insured Individual will automatically be an Insured Individual only for Covered Expenses incurred which are due directly to Injury or Bodily Infirmity, premature birth, birth abnormality or a congenital condition which exists at birth. This coverage, including any continuation of benefits, will terminate 31 days after the date of birth.

### ***Post-Mastectomy Coverage***

Coverage of a Medically Necessary mastectomy will also include coverage of the following:

1. physical complications during any stage of the mastectomy, including lymphedemas;
2. reconstruction of the breast;
3. surgery on the non-diseased breast to attain the appearance of symmetry between the two breasts; and
4. external breast prostheses.

Covered Expenses for the above are payable on the same basis as Covered Expenses for any other surgery. This coverage will be provided in consultation with the attending Physician and the patient.

### ***Mental and Nervous Disorders/Alcoholism/Drug Dependency***

Benefits will be paid for inpatient treatment of a Mental or Nervous Disorder, alcoholism or drug dependency up to an aggregate limit of 10 days of inpatient care in any consecutive 12 month period. Outpatient treatment will be paid subject to a maximum number of 3 outpatient visits in any consecutive 12 month period.

### ***Intercollegiate/Interscholastic Sports Benefit***

Benefits will be payable up to a maximum benefit of \$5,000 per Accident arising out of practice for or participation in intercollegiate or interscholastic sports.

### ***General Anesthesia and Facility Coverage for Dental Care Services***

Benefits will be payable for Medically Necessary general anesthesia and associated Hospital or surgical center services when Dental Care is provided to the following Insured Individual and the treating dentist or admitting physician certifies that hospitalization or general anesthesia is required in order to safely and effectively perform Dental Care services:

1. a Child under the age of 9;
2. an individual who has a serious mental or physical condition or significant behavioral problems.

### ***Medical Evacuation Benefit***

Subject to prior approval from the Company or its authorized administrator, as an additional

benefit the policy will cover, up to a maximum benefit of \$50,000, charges for air evacuation of an injured or sick Insured Individual and a Health Care Provider or Escort, if directed by the attending Physician, to the individual's home country or country of regular domicile, provided air evacuation: (1) is upon the attending Doctor's written certification; and (2) results from a covered Injury or Bodily Infirmary.

### ***Repatriation Benefit***

Subject to prior approval from the Company or its authorized administrator, as an additional benefit, the policy will cover up to a maximum benefit of \$25,000 in the aggregate, reasonable expenses which are incurred in connection with the preparation and transportation of the body of a deceased Insured Individual to the individual's place of residence in the individual's home country. This benefit does not include transportation expenses of any person accompanying the body.

### ***Continuation Benefits***

Covered expenses incurred, while hospital confined, will be payable up to a maximum benefit of \$5,000 or 13 weeks, whichever comes first, for a covered Accident or Sickness for which an Insured Individual has a continuing claim on the date the individual's insurance terminates. Such benefits terminate if the Insured Individual becomes covered for the Accident or Sickness, for which benefits were continued, under any other medical coverage.

### ***Extended Benefits on Discontinuance of the Policy***

If an Insured Individual is totally disabled when coverage ends due to discontinuance of the Policy, covered expenses will be payable for the Injury or Bodily Infirmary causing the disability if all of the following are met: 1) the medical services or supplies are given or received in the United States within 12 months after this coverage ends; 2) the Insured Individual remains totally disabled from the same Injury or Bodily Infirmary until care is received, and 3) the Insured Individual does not become covered under another medical plan for such Injury or Bodily Infirmary.

### ***Continuation After Termination of Major Medical Coverage***

The coverage period for Continuation is measured solely from the date your coverage has ended under this plan. You are eligible for Continuation of coverage you:

1. have been insured under the Policyholder's plan for at least 3 months;
2. are not eligible for Medicare;
3. are not eligible under any other similar group insured or self-insured health plan;
3. are not covered by a similar group coverage which replaces this plan within 31 days of your termination under this plan; and
4. notification that you are continuing coverage and premium due is received by the Company within 31 days after notice of continuation is mailed to you at your last known address.

Upon receipt of notification from your Policyholder that your coverage is terminating, we will provide you with a continuation election form, sent to your last known address. Such notice will describe your right to continue coverage and provide the amount of the premium required.

If you elect Continuation, coverage will continue for a period not to exceed 18 months, unless any of the following occur:

1. failure to pay premium when due;
2. the date the Policyholder's plan is terminated and is not replaced by another group policy within thirty-one (31 days);
3. you become eligible under any other group health plan; or
4. you become eligible for Medicare.

The right to continue major medical coverage under the above provisions shall also be available to:

1. the surviving spouse and eligible dependents, at the death of the group member;
2. a dependent's unmarried child, upon reaching the limiting age under this plan; or
3. a former spouse and unmarried dependent children in the spouse's legal custody, where termination of coverage results from an court order dissolving the marriage.

### ***Coordination of Benefits***

If the Insured Individual has other group type or governmental medical benefits coverage, the benefits payable under this policy will be coordinated with the other coverage so that the combined benefits paid or provided by all plans will not exceed 100% of the allowable expense. One plan will be determined to be primary under policy rules and its benefits will be payable first. The plan paying second takes the benefits of the primary plan into account when it determines its benefits.

## *EXCEPTIONS AND EXCLUSIONS*

The Policy will not cover charges or expenses:

1. for medical care, treatment, supplies, or services not listed in the types of Covered Expenses;
2. for medical care, treatment, supplies or services for the Insured Individual in his/her home country or country of regular domicile;
3. for elective or preventive surgery or medical care, services, supplies, or treatment, tubal ligation, vasectomy, breast reduction or enlargement, correction or treatment of a deviated septum, abortion (except spontaneous and non-elective abortion), circumcision (except as covered under the Newborn Infants provision), learning disabilities, immunization, obesity, allergy tests, vitamins, and antitoxins;
4. for routine physical or health examinations, except if listed as a Covered Expense under the Medical Benefits section;
5. for any care in connection with the teeth, gums, jaw (except due to Injury resulting from an Accident), or structures directly supporting the teeth (except treatment of temporomandibular joint disorders or craniofacial jaw disorders). However, the policy will cover Injury to natural teeth resulting from an Accident, up to a maximum benefit of \$100 per tooth, and an overall maximum of \$500 per Accident;
6. in excess of the Reasonable and Customary charge;
7. for cosmetic, plastic, reconstructive, or restorative surgery unless such Covered Expenses are incurred for repair of a disfigurement caused from: (a) an Injury, (b) a birth defect of an insured Eligible Dependent born while the mother was insured under the Policy, or (c) a mastectomy (refer to the Post Mastectomy Coverage provision);
8. for medical treatment, services, supplies, or prescription drugs which are not Medically Necessary, as defined in the Policy;
9. for hearing aids, eyeglasses, or contact lenses and the fitting or servicing thereof, except expenses for same resulting from a covered Injury or covered eye surgery;
10. for Injury or Bodily Infirmary if covered to any extent under any occupational benefit plan, Workers Compensation or similar law;
11. for birth control, including surgical procedures and devices;
12. for Injury arising out of practice for or participation in professional sports;
13. for medical care, treatment, services, and supplies for which no charge is made or for which no payment would be required if the Insured Individual did not have this insurance; or to the extent the Insured Individual received any discount, credit, or reduction due to an agreement with the provider;
14. for intentionally self-inflicted Injury or Bodily Infirmary, suicide, or attempted suicide, while sane or insane; or Injury or Bodily Infirmary resulting from taking part in the commission of an assault or felony;
15. for diagnosis, treatment and all other care related to infertility;
16. for Injury arising out of aeronautics such as hang gliding, skydiving, parachuting, or air travel, except while riding as a passenger on a regularly scheduled commercial airline;
17. resulting from a motor vehicle accident if an Insured Individual was operating the vehicle without a valid driver's license in the state where the Insured Individual primarily resides while attending school;
18. for Injury or Bodily Infirmary resulting from an act of war (declared or undeclared), insurrection, participation in the military service of any country, or participation in a riot or civil disorder;
19. for medical care, treatment, services, or supplies normally given without charge and provided by employees or Doctors employed by, under contract with, or retained by the Policyholder; and
20. for medical care, treatment, services, or supplies for which benefits are excluded, excepted, or limited elsewhere in the Policy.
21. for the treatment of sex transformation surgery and related services, or the reversal thereof;
22. for medication prescribed as a smoking deterrent;
23. for the treatment of Alopecia (loss of hair);
24. for the treatment of Acne;
25. for Anorectics (any drug used for the purpose of weight control);
26. for medical and surgical treatment of excessive sweating (Hyperhidrosis);
27. for the treatment of benign Gynecomastia (abnormal breast enlargement in males);
28. for the treatment (including cutting or removing) of toe nails or superficial lesions of the feet including corns; calluses and Heberkeratoses, other than removal of nail matrix or root.

### ***Pre-Existing Condition Limitations***

The policy will not cover charges or expenses due to a pre-existing Injury or Bodily Infirmary or complication thereof. A pre-existing Injury or Bodily Infirmary is one where the Insured Individual has consulted a Physician; had medicine prescribed; or is receiving or has received medical care for that Injury or Bodily Infirmary in the 6 months prior to the Insured Individual's Effective Date of Coverage under the Policy.

However, after an Insured Individual's insurance has been in force for 12 consecutive months, Covered Expenses incurred after this 12 month period for a pre-existing Injury or Bodily Infirmary will be payable.

**Modifications to Pre-Existing Limitations:** Pre-existing limitations will not be imposed on an Eligible Student or Eligible Dependent who enrolls for coverage as a Federally Eligible Individual. If an Eligible Student has a dependent who does not meet the Federally Eligible Individual definition, the Eligible Dependent will be subject to the pre-existing limitations as defined in the Policy.

The Policy will not impose pre-existing limitations on a Child who was covered by Creditable Coverage within 31 days of birth, adoption or Placement for Adoption, provided the Child has not subsequently been without Creditable Coverage for more than [62] days.

"Creditable Coverage" means any of the following coverage, obtained in the United States that an Insured Individual had prior to enrollment under the Policy: an employee group health plan; health insurance coverage, individual or group, including coverage through a Health Maintenance Organization (HMO); Medicare; Medicaid; military health care; a medical care program of the Indian Health Service or of a tribal organization; a state health risk pool; a health plan offered under the Federal Employee Health Benefits Program; a public health plan established or maintained by a political subdivision of a state to provide insurance coverage; a health benefit plan established by the Peace Corps Act or coverage that an Insured Individual had prior to enrollment under the Policy under a health plan established or maintained by a foreign country.

Coverage provided by the Policy may be considered Creditable Coverage for individuals moving from coverage under this Policy to group coverage by another plan. Coverage provided by this Policy is not considered Creditable Coverage by this or other student health policies.

Days of Creditable Coverage that occur before a Significant Break in Coverage do not count towards satisfaction of the pre-existing limitation. A Significant Break in Coverage means a period of 63 days during all of which the individual does not have Creditable Coverage.

"Federally Eligible Individual" means an individual who meets all of the following: the individual has at least 18 months of Creditable Coverage as of the date on which the individual seeks coverage under this Policy; the individual's most recent prior Creditable Coverage was under one of the following types of plans or an insurance plan offered in connection with an employee group health plan, governmental plan or church plan; the individual is not eligible for coverage under a group health plan, Medicare or Medicaid; the individual does not have other health insurance coverage; the individual's most recent coverage was not terminated because of nonpayment of premiums or fraud; and if the individual has the option to continue coverage under a COBRA continuation or similar State program, such coverage was elected and exhausted.

### ***DEFINITIONS***

"**Accident**" means all Medical Conditions of an Insured Individual caused by, arising out of, or resulting from a violent, sudden, and unforeseen force or event external to that Insured Individual and independent of any other such force or event.

"**Average Semiprivate Charge**" means (1) the standard charge by the Hospital for semiprivate room and board accommodations, or the average of such charges where the Hospital has more than one established level of such charges, or (2) 80% of the lowest charge by the Hospital for single bed room and board accommodations where the Hospital does not provide any semiprivate accommodations.

"**Bodily Infirmary**" means a Medical Condition of an Insured Individual caused by, arising out of, resulting from or the cause of a weakened, deteriorated, infirm, diseased or otherwise ill physical or mental state of that Insured Individual.

"**Copayment**" means that portion of a Covered Expense an Insured Individual is required to pay out of his or her pocket before benefits will be paid for any remaining portion.

"**Emergency Care**" means covered services required to screen and stabilize an Insured Individual

within 48 hours after an accidental Injury or Emergency Medical Condition. Such condition is one that is sudden, unexpected and manifests itself by symptoms of sufficient severity to lead a prudent lay person to believe immediate medical care is required. Such conditions may include those placing the patient's health in jeopardy; impairment of bodily functions; dysfunction of any bodily organ or part; uncontrolled pain; or pregnancy complications.

**"Hospital"** means only such a place which is lawfully operated and licensed as a hospital for the care and treatment of sick or injured individuals; has permanent and full-time care for bed patients; has a staff of one or more licensed physicians available at all times; provides 24-hour a day care by registered nurses on duty or call; has surgical facilities; and is not primarily engaged in business as a nursing home, home for the aged, or any similar establishment or any separate wing, ward or section of a hospital used as such. Hospital also means a free standing surgical center which: is a licensed public or private place; has an organized medical staff of Physicians; has permanent facilities that are equipped and operated mainly for doing surgery and giving skilled nursing care; and has RN services in the facility.

**"Hospital Admission"** means a single period of hospital confinement or outpatient care for one or more causes.

**"Injury"** means a Medical Condition of an Insured Individual caused by, arising out of, or resulting from a violent, sudden, and unforeseen force or event external to that Insured Individual.

**"Insured Individual"** means and Eligible Student of the Policyholder and any of the student's Eligible Dependents, as described in the Eligibility Section of the Policy, for whom premium is paid and who is enrolled for coverage in accordance with the Policy provisions.

**"Medical Condition"** means any bodily or mental disease, illness or injury requiring treatment by a Doctor.

**"Medically Necessary"** means only care and treatment the Company determines meets all of the following conditions: (1) the care and treatment is appropriate given the symptoms and is consistent with the diagnosis, if any; (2) it is rendered in accordance with generally accepted medical practice and professionally recognized standards; (3) it is not treatment that is generally regarded as experimental or unproven; and (4) it is specifically allowed by the licensing statutes which apply to the provider who renders the service. "Appropriate" means the type, level, and length of service and setting needed to provide safe and adequate care and treatment.

**"Mental or Nervous Disorder"** means neurosis, psychoneurosis, psychosis, or mental disease or disorder of any kind resulting from any cause including, but in no way limited to, biological cause.

**"Participating Provider"** means a Doctor or a Hospital that agrees to provide Medically Necessary care and treatment at set rates.

**"Physician or Doctor"** means a legally licensed practitioner of the healing arts acting within the scope of his/her license and who is not an Insured Individual, a close relative of the Insured Individual, or residing at the same legal residence as the Insured Individual. It will also include any other licensed practitioner of the healing arts required to be recognized by law, when that person is acting within the scope of his/her license and is performing a service for which Medical Benefits are provided under the Policy.

**"Placed For Adoption"** means the assumption and retention of a legal obligation for the total or partial support of a Child in anticipation of adoption. Placement is considered terminated upon termination of legal obligation.

**"Reasonable and Customary"** means, with regard to charges for medical services or supplies, the lowest of:

- a. the usual charge by the provider for the same or similar medical services or supplies;
- b. the usual charges of most providers of similar training and experience in the same or similar geographic 'area' for the same or similar service or supplies; or
- c. the actual charge for the services or supplies.

'Area' means the location where the medical care or supplies are given within a region (determined by the Company) large enough to get a cross section of providers of medical care or supplies.

**"Sickness"** means all Medical Conditions of an Insured Individual caused by, arising out of, resulting from or the cause of One Period of a weakened, deteriorated, infirm, diseased or otherwise ill physical or mental state of that Insured Individual. "One Period" commences with the onset of the initial (or

only) Bodily Infirmary that occurred during the Sickness, and ends when the Insured Individual has not received medical care or treatment (including prescription medication) for a Bodily Infirmary that occurred during that Sickness for ninety (90) consecutive days.

“**Student Health Center**” means an ambulatory care facility affiliated or contracted with the Policyholder that at a minimum maintains a staff consisting of a nurse director/nurse practitioner, staff nurses and a staff physician or an arrangement with a physician to perform office visits. Student Health Center also includes a designated Take Care Health Center or other similar facility specified by the educational institution if such institution does not have a designated Student Health Center.

### ***CLAIMS PROCEDURE***

Written notice of any event that may lead to a claim under the policy must be given to the Company or its authorized administrator within 60 days after the event.

Written proof of loss must be furnished to the Company within 90 days after the commencement of the period for which the Company is liable. Proper positive written notice and proof of loss must be given before the Company will be liable for any loss.

### **Finding a PPO Network Provider**

By enrolling in this insurance program the insured member has the Private Health Care Systems Provider (PHCS) Network available for in-network medical services. The use of a provider in the PHCS Provider network may reduce the insured’s out of pocket expenses, as network providers have negotiated to accept lower fees as payment for their services.

There are many doctors and hospital available. Go to [www.lewermark.com](http://www.lewermark.com) and click “Find a Doctor.” Select Private Health Care Systems as the PPO network.

### **Prescription Drug Card**

The prescription card program is offered through [Express Scripts](#), and provides coverage for many prescription drugs. The program is available at participating pharmacies nationwide.

The list of drugs included on the plan generally matches the type of drugs covered by the LewerMark inbound programs. Participating pharmacies can be located by visiting Express Scripts website: [www.member.express-scripts.com](http://www.member.express-scripts.com) and creating a member account using the ID number located on the insured’s Express Scripts ID Card. You can also get pharmacy information by contacting Express Scripts at 1-800-451-6245.

The prescription drug card does not guarantee that a prescription will be covered. For prescription reimbursements, please complete a claim form and mail to the Lewer Agency for reimbursement. Mail completed form to:

The Lewer Agency, Inc.  
P.O. Box 32247  
Kansas City, MO 64171-5247

### **24/7 Nurse Line**

This service provides the student with 24 hour telephone access to a care specialist and nurses. Nurses can provide the student with easy to understand information on a wide range of health issues. The toll free phone number is 866-549-5076. Students can access the Nurse Line 24 hours a day, 7 days a week.

### **Global Emergency Medical Evacuation – Assist America**

In the event that a student becomes injured and adequate medical facilities are not available locally, Assist America will use whatever mode of transportation necessary to evacuate a participant student to the nearest facility capable of providing appropriate care. With one phone call, Assist America’s team of professionals will handle the transportation arrangements to a more suitable hospital.

Assist America's medical personnel will also maintain regular communication with the enrolled member's attending physician and/or hospital and relay any information to the participant's family.

For global emergency assistance call Assist America's toll free number 800-872-1414 , or if outside of the United States call collect at 609-452-8570.

### **Repatriation – Assist America**

If a student requires medical assistance upon being discharged from a hospital, Assist America will repatriate him/her home or to a rehabilitation facility with a medical or non-medical escort, as necessary. In the event of death of a member participant, Assist America will render every possible assistance in returning the mortal remains including locating a funeral home, preparing the deceased for transport, procuring required documentation, providing necessary shipping container as well as paying for transport. An Assist America card will be supplied to the student once the student has enrolled in the LewerMark Health Insurance Plan.

The Assist America card must be carried at all times. For global emergency assistance or when the insured student is 100 miles away from his/her primary residence a toll-free number is available, 800-872-1414 or if the outside the United Sates call collect at 609-452-8570.

### ***IMPORTANT NOTICE***

This brochure is only a summary of a master insurance policy (the Master Policy) issued to the Policyholder by the Company. The Master Policy contains language and provisions not contained in this brochure. In the event of a conflict between this brochure and the Master Policy, the Master Policy will govern.

Any provision of the Master Policy in conflict with the laws of the jurisdiction in which the Policyholder is located is hereby automatically amended to conform to the minimum requirement of those laws.

The Policyholder requires its international and practical training students to carry medical insurance coverage. This coverage must be accepted by the student unless proof of other coverage (acceptable to the Company) is provided.

For information and assistance, call the Lewer Agency at 1-800-821-7710.

**Insured By:  
Trustmark Life Insurance Company**